

Food & Nutrition KS3 Curriculum Palette



Year 7

What Is
Food &
Nutrition?



Food
Hygiene
&
Safety



Food
Practical

Intro To
The Eatwell
Guide



Food
Practical

Balanced
Diets



Food
Practical

Function
Of
Nutrients-
Protein

FOOD & NUTRITION ROTATION



Food
Practical

End Of
Topic
Assessment



Food
Practical

Function Of
Nutrients-
Carbohydrates



Food
Practical

Function
Of
Nutrients-
Fat

What Is
Food &
Nutrition?



Alternative
Proteins



Food
Practical

Food
Provenance



Food
Practical

The Big
Problem-
Food
Waste



Food
Practical

How It's
Made-
Processing
Grains

FOOD & NUTRITION ROTATION



Food
Practical

End Of
Topic
Assessment

Food Science
Experiment-
Findings

Food Science
Experiment-
Practical

Food Science
Experiment-
Raising Agents
Theory

Year 8