



Year 10 Personal Development Palette

Year 10

Living In The Wider World



AUTUMN

How To Effectively Budget & Evaluate Saving Options

Preventing & Managing Debt Credit Ratings & Pay Day Lending

How To Effectively Budget & Evaluate Saving Options

How Data Is Generated Collected & Shared

Influences Related To Gambling (Online)

The Law & Illegal Financial Activities Fraud & Cybercrime

Managing Risk In Relation To Online Financial Activities

Health & Wellbeing



Citizenship



SPRING

Social Media Misinformation Influence On Beliefs & Opinions

Communities Inclusion Respect & Belonging The Equality Act



Exit Strategies For Pressured Or Dangerous Situations

The Effects Of Drug & Alcohol Abuse

Impact Of Drugs & Alcohol On Individuals & The Wider Community

Factors Which Contribute To A Young Person Joining A Gang

Positive & Negative Role Models Becoming A Positive Role Model For Peers

Living In The Wider World



Health & Wellbeing



Revision



The Consequences Of Unprotected Sex Including Pregnancy

STI's Effective Use Of Protection & Negotiating Safer Sex

About The Ethical & Legal Implications In Relation To Consent, Including Manipulation, Coercion & The Capacity To Consent

How To Manage The Impact Of The Media & Pornography On Sexual Attitudes Expectations & Behaviours

About The Opportunities & Risks Of Forming & Conducting Relationships Online

About Relationship Values & The Role Of Pleasure In Relationships

Relationships

The Portrayal Of Mental Health In The Media

About The Signs Of Emotional & Mental Ill Health Challenges During Adolescence



Relationships

Addressing Extremism & Radicalisation

FGM Honour Based Violence Forced Marriage & How to Safely Access Support



The Super Six

