



Year 10 Personal Development Palette

Year 10

Living In The
Wider World



AUTUMN

How To
Effectively
Budget &
Evaluate
Saving
Options

Preventing
& Managing
Debt
Credit Ratings &
Pay Day
Lending

How To
Effectively
Budget &
Evaluate Saving
Options

How Data
Is Generated
Collected &
Shared

Influences
Related To
Gambling
(Online)

The Law &
Illegal Financial
Activities
Fraud &
Cybercrime

Managing
Risk In
Relation To
Online
Financial
Activities

Health &
Wellbeing



Relationships



Citizenship



Social Media
Misinformation
Influence On
Beliefs &
Opinions

Communities
Inclusion
Respect &
Belonging
The Equality
Act

Exit Strategies
For Pressurised
Or
Dangerous
Situations

The Effects
Of Drug
&
Alcohol
Abuse

Impact Of
Drugs &
Alcohol On
Individuals & The
Wider
Community

Factors Which
Contribute
To A Young
Person Joining
A Gang

Positive &
Negative Role
Models
Becoming A
Positive Role
Model For
Peers

SPRING

UK Laws
The Justice System
&
Youth Crime

Your Rights
&
The Police

The Youth
Court &
Sentencing

Adult Courts
Civil Vs
Criminal
Courts

Juries In
Criminal Courts
Understanding
Punishment For
Adult
Criminals

The Purpose
Of Sentencing
&
Restorative
Justice

Living In The
Wider World



Work
Experience
Expectations

How To
Evaluate &
Build On The
Learning From
Work
Experience

Health &
Wellbeing



Revision



The
Consequences Of
Unprotected Sex
Including
Pregnancy

STI's
Effective Use Of
Protection &
Negotiating
Safer Sex

About The
Ethical & Legal
Implications In Relation
To Consent, Including
Manipulation, Coercion
& The Capacity
To Consent

How To
Manage The
Impact Of The
Media & Pornography
On Sexual Attitudes
Expectations &
Behaviours

About The
Opportunities
& Risks Of Forming
& Conducting
Relationships
Online

About
Relationship
Values & The
Role Of
Pleasure In
Relationships

Relationships



The Portrayal
Of
Mental Health
In The
Media

About The Signs
Of Emotional
& Mental
Ill Health
Challenges During
Adolescence

Relationships



The
Super
Six

Addressing
Extremism
&
Radicalisation

FGM
Honour Based
Violence
Forced Marriage
& How to
Safely Access
Support

