Year 11 Personal Development Palette

Alcester Academy
TO BE THE BEST THAT WE CAN BE

Year 11

Health & Wellbeing

AUTUMN

- Emergency First Aid Skills Primary Survey
- Emergency First Aid Skills Recovery Position
- Emergency First Aid Skills CPR
- About Registering With Healthcare Providers
- Physical Health & Testicular Cancer Self-Examination
- Physical Health & Breast Cancer Self-Examination
- About Blood & Organ Donation

Living In The Wider World

- Online & Media Rights Responsibilities & Keeping Safe
- How To Set & Achieve SMART Targets

Mock Examinations

Living In The Wider World

- How To Protect Your Financial Future

Relationships

SPRING

- Gender Identity & Discrimination
- The British Values Core Values & Emotions

- Communication & Managing Conflict
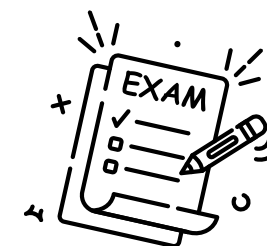- Understanding Various Forms Of Relationship Abuse
- About Unhealthy Exploitative & Abusive Relationships

Living In The Wider World

- Revisitation Of SMART Targets- Where Are You Now?

Mock Examinations

EXAM

SUMMER

G C S E EXAMS