



# Year 9 Personal Development Palette

Year 9

SPRING

AUTUMN

SUMMER

Health & Wellbeing



Relationships



Health & Wellbeing



Living In The Wider World



Careers



Relationships



Citizenship



Living In The Wider World



UK Laws & How They Affect Young People

Your Rights & The Police

The Youth Justice System Youth Court & Sentencing

The British Values Adult Courts Civil Vs Criminal Courts

Juries In Criminal Courts

The Purpose Of Punishment Restorative Justice



Healthy & Unhealthy Relationships

Healthy & Unhealthy Relationships Cont...

'Group Think' & How It Affects Behaviour

How To Manage Risk In Relation To Gangs

How To Manage Risk In Relation To Gangs Cont...

The Legal & Physical Risks Of Carrying A Knife

Legal & Health Risks In Relation To Alcohol Use

The Relationship Between Physical & Mental Health

How To Work Towards Aspirations & Set Meaningful, Realistic Goals For The Future

Different Types Of Employment & Career Pathways

Transferable Skills, Abilities & Interests

How To Manage Relationships & Family Changes. How To Access Support Services

Conflict & Causes In Different Contexts & Resolution Strategies

Young People's Rights Under The UN Convention On The Rights Of The Child

About Different Of Families And Parenting

How To Make Informed Healthy Eating Choices

How To Manage Influences On Body Image

How To Take Increased Responsibility For Physical Health



Testicular Cancer, Breast Self-Examination

About Readiness For Sexual Activity

Facts & Misconceptions Relating To Consent

NATIONAL CAREERS WEEK