

## PE KS3 Curriculum Palette















WINTER









Leadership





Roles of an Official

## Year 7

Developing Skills, Physical and Mental **Capacity** 

**Baseline** Assessment

**Performance** 

Officiating

Understanding Rules

Analyse nderstanding of Rules

Keeping

Score

Time Keeping

**SUMMER** 

**Performance** 

Motivation

Stretching Communication

Cool Down

Warm Up

Verbal Verbal

Half Sided

Games

Analysis of

Officiating

Multiple

**Sports** 

Year 8

**Developing Skills Under Competitive** Pressure

**Performance** 

**WINTER** 

Officiating









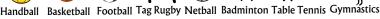












**SUMMER** 

Performance

Leadership

















Adapt Skill Session

Activity Specific Content

