



Alcester Academy Curriculum Planning: Key Stage 3

Department: P.E.		Year Group: SEVEN				
Term	Topic/ subject	Assessment Objectives	Knowledge	Skills Include detail of any differentiation	Literacy, Numeracy and SMSC opportunities	Final assessment task and title
Autumn 1	FOOTBALL RUGBY	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	F: Pass/dribble/shooting-side/tackling/SSG's. R: Ball familiarisation/pass + retrieve/outwit opponent – attacking play/tackling-defensive play/ruck/scrum.	<ul style="list-style-type: none"> - Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Autumn 2	NETBALL HOCKEY	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	N: Ball familiarisation/pass + receive/footwork + pivot/P+R on the move/dodging + outwitting/shooting. H: Grip + stance/drive dribble/push pass/block tackle/roll out + shield.	<ul style="list-style-type: none"> - Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Spring 1	GYMNASTICS DANCE	develop their technique and improve their performance in other competitive sports perform dances using advanced dance techniques within a range of dance styles and forms analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	G: Locomotion/rolls/jumps/twists/sequence building. D: Actions/Dynamics/Space/Relationships.	<ul style="list-style-type: none"> - Accurate replication. - Exploring + communicating ideas, concepts and emotions. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Spring 2	BASKETBALL HEALTH RELATED FITNESS	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	BB: Ball familiarisation/footwork /pivot /pass+receive/dribble/set shot. HRF: Warm up/cool down/relax techniques/training methods/testing methods.	<ul style="list-style-type: none"> - Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Additional Autumn/ Spring	OUTDOOR & ADVENTUROUS ACTIVITIES.	take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group	Team Building/Orienteering/Leadership/Communication	<ul style="list-style-type: none"> - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Summer 1	ROUNDERS CRICKET	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	R: Ball familiarisation/catch + catch rules/bowling + bowling rules/running rules/batting + batting rules/ ground fielding/post work + rules. C: Ball familiarisation/throw + catch/off + on drives/Forward + backward defensive/fielding – long barrier/bowling – basics.	<ul style="list-style-type: none"> - Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Summer 2	ATHLETICS	develop their technique and improve their performance in other competitive sports analyse their performances compared to	A: Run style/Sprint start – basic/HJ/LJ/SP/Discus. T: Court familiarisation/grips/f.drive/	<ul style="list-style-type: none"> - Outwitting opponents. - Accurate replication. - Performing at maximum levels. 	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating.	Ongoing assessment throughout modules. Assessment documents



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	TENNIS	previous ones and demonstrate improvement to achieve their personal best	b.drive/f.volley/b.volley/serve/doubles play/scoring	<ul style="list-style-type: none">- Identifying + solving problems.- Exercising safely + effectively. Equipment / graded groupings /area/drills/support-peer & staff	Counting, scoring, shape, measuring, ordering, grouping, data.	available: Staff shared/PE/Schemes of work.
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