



Alcester Academy Curriculum Planning: Key Stage 3

Department: P.E.		Year Group: EIGHT				
Term	Topic/ subject	Assessment Objectives	Knowledge	Skills Include detail of any differentiation	Literacy, Numeracy and SMSC opportunities	Final assessment task and title
Autumn 1	FOOTBALL	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	F: Turns/shield/outwit/pass + turn/control/shoot-laces/tackling/heading.	- Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	RUGBY	analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	R: Pass/tactical play/maul/kicking/scrum/line out/positional play.	Equipment / graded groupings /area/drills/support-peer & staff		
Autumn 2	NETBALL	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	N: OH pass/move + control/1 hand shoot/rebound/attacking-dodging + space/defending.	- Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	HOCKEY	analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	H: Indian dribble/pass-push, hit + reverse/hit/block tackle/possession play/shooting.	Equipment / graded groupings /area/drills/support-peer & staff		
Spring 1	GYMNASTICS	develop their technique and improve their performance in other competitive sports	G: Balance/Sports Acrobatics/Sequence building.	- Accurate replication. - Exploring + communicating ideas, concepts and emotions. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	DANCE	perform dances using advanced dance techniques within a range of dance styles and forms analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	D: Group choreography/performance analysis. Actions/Dynamics/Space/ Relationships.	Equipment / graded groupings /area/drills/support-peer & staff		
Spring 2	BASKETBALL	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	BB: Pass + receive/dribble/jump shot/rebounds/lay up.	- Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	HEALTH RELATED FITNESS	analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	HRF: Warm up/cool down/relax techniques/training methods/testing methods/components of fitness.	Equipment / graded groupings /area/drills/support-peer & staff		
Additional Autumn/ Spring	OUTDOOR & ADVENTUROUS ACTIVITIES.	take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group	Team Building/Orienteering/ Leadership/Communication/navigation/ shelter building.	- Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
Summer 1	ROUNDERS	use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	R: Ball familiarisation/bowling/overarm throw/backstop/batting/ground fielding/post work tactics.	- Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	CRICKET	analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	C: Throw + catch/1 hand pick up/pull/cut/swing bowling/running/wicketkeeping.	Equipment / graded groupings /area/drills/support-peer & staff		
Summer 2	ATHLETICS	develop their technique and improve their performance in other competitive sports	A: Inter sprint start/inter. Distance/hurdles/relay changeover/hj/tj/lj/sp/discus.	- Outwitting opponents. - Accurate replication. - Performing at maximum levels. - Identifying + solving problems. - Exercising safely + effectively.	Reflection, awareness, challenge. Teamwork, rules, self-discipline, fair play. Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, shape, measuring, ordering, grouping, data.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.
	TENNIS	analyse their performances compared to previous ones and demonstrate improvement to achieve their personal	T: Singles play/doubles play/lob/drop shot/movement/Yr7 shots/etiquette.	- Identifying + solving problems. - Exercising safely + effectively.		



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