

Personal Development Curriculum Year 8 2025/26

Sessions	Week Beginning	Theme	Lesson Focus
1	WB 01.09	Citizenship <i>'Laws and the Justice System'</i>	• The British Values (Recall) • Adult Courts- Civil Courts vs Criminal Courts • Juries in Criminal Courts • Understanding punishment for adult criminals • Restorative Justice
2	WB 08.09	Citizenship <i>'Democracy and Freedom'</i>	• Exploring what sort of country do you want to live in • Understanding Democracy and Freedom • The freedom to protest • The understanding of a free press • The right to education
3	WB 15.09	Citizenship <i>'Parliament Democracy'</i>	• The origin of parliament • The role of the monarchy in the UK • Exploration of different viewpoints on democracy, power and the Monarchy • The role and how to become a Member of Parliament (MP)
	WB 22.09	Open Week	
	WB 29.09	SKERN LODGE	
4	WB 06.10	Citizenship Careers <i>'Managing Money'</i>	• Financial Careers • Currency • Financial responsibility • Exploration of different bank accounts • Ethical banking
5	WB 13.10	Citizenship <i>'Managing Money'</i>	• How we pay for things • Credit and Budgeting
6	WB 20.10	Citizenship <i>'Managing Money'</i>	• Budgeting Deep Dive • The Barclays Budget Game

			Consolidation of learning
	WB 27.10	HALF TERM	
7	WB 03.11	Health and Wellbeing Careers <i>'Emotional Wellbeing'</i>	• Attitudes towards mental health • How to manage emotions • Healthy and unhealthy coping strategies (including eating disorders and self-harm) • How to manage influences on body image • Careers in Mental Health and Wellbeing
8	WB 10.11	Health and Wellbeing <i>'Emotional Wellbeing'</i>	• How to recognise and respond to inappropriate and unwanted contact • FGM and how to access help and support (All Year 8 Classes in The Main School Hall)
9	WB 17.11	Relationships <i>'Identity and Relationships'</i>	• Forming new partnerships and developing relationships • The law in relation to consent • How to effectively communicate about consent in relationships
10	WB 24.11	Relationships <i>'Identity and Relationships and Discrimination'</i>	• Gender identity, sexual orientation, transphobia and gender-based discrimination • How to recognise and challenge homophobia and biphobia • How to recognise and challenge racism and religious discrimination
11	WB 01.12	Relationships <i>'Identity and Relationships'</i>	• The risks of 'sexting' and how to manage requests or pressure to send an image • Basic forms of contraception, e.g. condom and pill TBC (School Nurse TEAMS)
12	WB 08.12	Relationships <i>'Discrimination'</i>	• Exploration of groupthink and persuasion • How to develop self-worth and confidence
13	WB 15.12	Citizenship	• Giving back to our community at Christmas • Consolidation of learning

		<i>'Communities and Identities'</i>	
	WB 22.12 WB 29.12	CHRISTMAS BREAK CHRISTMAS BREAK	
14	WB 05.01	Year 8 Exam Focus Week Drugs and Alcohol <i>'Health and Wellbeing'</i>	• Medicinal and reactional drugs • About the over-consumption of energy drinks • About the relationship between habit and dependence • How to use over the counter and prescription medications safely
15	WB 12.01	Drugs and Alcohol <i>'Health and Wellbeing'</i>	• How to manage influences in relation to substance use • How to recognise and promote positive social norms and attitudes
16	WB 19.01	Living in the Wider World <i>'Digital Literacy'</i>	• About online communication • How to use social networking sites safely • How to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation • How to respond and seek support in cases of online grooming
17	WB 26.01	Living in the Wider World <i>'Digital Literacy'</i>	• How to recognise biased or misleading information online • How to critically assess different media sources • How to distinguish between content which is publicly and privately shared • Age restrictions when accessing different forms of media and how to make responsible decisions
18	WB 02.02	Living in the Wider World <i>'Digital Literacy'</i>	• How to protect financial security online • How to assess and manage risks in relation to gambling and chance-based transactions
19	WB 09.02	Year 8 Races Trip	• The Real Game

		Living in the Wider World <i>'Digital Literacy'</i>	Consolidation of Learning
	WB 16.02	HALF TERM	
20	WB 23.02	Citizenship <i>'What is Europe'</i>	- Exploration of what it means to be a member of the European Union - The Council of Europe - The European Union - The Single Market - Life after Brexit - Exploration of how people and organisations in the UK are affected by EU regulations
21	WB 02.03	Citizenship- Power and Influence <i>'The Commonwealth'</i> <i>'The United Nations'</i> <i>'The UN at Work'</i>	- About how the Commonwealth has changed from its origins, and the type of work it does today. - Exploration of the work of the United Nations and consideration of its role in the world - Investigate the ways the United Nations carries out its peacekeeping and humanitarian work
22	WB 09.03	Citizenship- Power and Influence <i>'NATO'</i> <i>'The World Trade Organisation'</i>	- Exploration of NATO and the benefits and obligations that come with the UK's membership - The role of the World Trade Organisation and the UK's commitments and benefits
23	WB 16.03	Citizenship- Power and Influence <i>'International Justice'</i> <i>'World Conflict'</i>	- How people who commit humanitarian crimes are dealt with - Exploration of how non-governmental organisations can give relief and help development - The role of the UK in international disagreements and conflict

24	WB 23.03	Citizenship- Power and Influence <i>'Choosing your action'</i>	- Identifying an issue, problem or social need for your action - Identifying what needs to be done and when - Planning your action - Consolidation of Learning
	WB 30.03 WB 06.04	EASTER BREAK EASTER BREAK	
25	WB 13.04	Careers (Options) Options Taster Week	Options Focus
26	WB 20.04	Careers (Options)	Options Focus (+Unifrog) <i>(Laptops needed)</i>
27	WB 27.04	Careers (Options) Options Evening 30.04	Options Focus
28	WB 04.05	Careers	- How to challenge stereotypes and discrimination in relation to work and pay - How to set aspirational goals for future careers and challenge expectations that limit choices
29	WB 11.05	Living in the Wider World Careers	- Sustainability- Exploration of the Alcester Academy Climate Action Plan - Sustainability- The SDG's and Careers in Sustainability
30	WB 18.05	Living in the Wider World	Sustainability- Conservation and Biodiversity
	WB 25.05	HALF TERM	
31	WB 01.06	Citizenship <i>'Parliamentary Democracy'</i>	- Political Parties - General Elections
32	WB 08.06	Citizenship <i>'Parliamentary Democracy'</i>	- Political Parties General Election Campaign - Planning in groups for the creation of a new political party
33	WB 15.06	Citizenship	Continuation of Planning in groups for the creation of a new political party

		<i>'Parliamentary Democracy'</i>	
34	WB 22.06	Citizenship <i>'Parliamentary Democracy'</i>	• Presentation of political parties' manifestos • Class General Election presentations and class Vote
35	WB 29.06	Citizenship <i>'Power and Influence'</i>	• Each Year 7 PD Group winning political party will present their manifestos in the main school hall. • Political Guest in attendance (TBC) • Local elections to choose the overall winning political party (All Year 8 Classes in The Main School Hall)
36	WB 06.07	Citizenship <i>'Power and Influence'</i>	• Playing your part in democracy • Democracy and the barriers • Elections and making your voice heard
	WB 13.07	LAST WEEK OF TERM	