

Department: Physical Education				Year Group: 7			
Term	Topic/ subject	Assessment Objectives	Knowledge acquisition	Skill building <i>Intent</i>	Wider reading opportunities to include numeracy and SMSC	Final assessment task and title	SEND & PP Identify where access and learning is supported
Winter/ Spring	FOOTBALL RUGBY	Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.	F: Pass/dribble/shooting-side /tackling/SSG's. R: Ball familiarisation/pass + retrieve/outwit opponent - attacking play/tackling-defensive play/ruck/scrum.	Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.	Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, ordering, grouping. (See Policy) Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.	Equipment/ graded groupings/ area/drills/ support-peer & staff

					Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.		
Winter/ Spring	NETBALL HOCKEY	Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.	N: Ball familiarisation/pass + receive/footwork + pivot/P+R on the move/dodging + outwitting/shooting. H: Grip + stance/drive dribble/push pass/block tackle/roll out + shield.	Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.	Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, ordering, grouping. (See Policy) Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.	Equipment / graded groupings/ area/drills/ support-peer & staff

					<p>Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.</p>		
Winter/ Spring	GYMNASTICS DANCE	<p>Develop technique and improve performance in other competitive sports.</p> <p>Perform dances using advanced dance techniques within a range of dance styles and forms.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to</p>	<p>G: Locomotion/rolls/ jumps/twists/ sequence building.</p> <p>D: Actions/Dynamics/ Space/ Relationships.</p>	<p>Accurate replication. Exploring + communicating ideas, concepts and emotions. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, shape, ordering, grouping. (See Policy)</p> <p>Clubs. Peer assessment. Celebration Promoting school & British values. Leadership. Creative discussion. Problem solving. G&T. Respect. Trust.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

 **Alcester Academy Curriculum Planning: Key Stage 3**

		achieve a personal best.			Mirroring. Challenges. Aesthetics. Reflections. Cultural dance. Belonging. Healthy living. Respect. Interpretations. Appreciation. Creativity & emotion. Discovery. Inclusion. Conciliation. Sympathy.		
Winter/ Spring	BASKETBALL HEALTH RELATED FITNESS	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>BB: Ball familiarisation/footwork /pivot/pass+receive/ dribble/set shot.</p> <p>HRF: Warm up/cool down/relax techniques/training methods/testing methods.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, measuring, ordering, grouping, data. (See Policy)</p> <p>Clubs. Peer assessment. Celebration Promoting school & British values. Teamwork. Inter-intra fixtures. Officiating. Tactical discussion. Problem solving. G&T. Rules.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					<p>Fair play. Respect. Trust. Challenges. Wide range. World stars. Belonging. Club links. Career pathways. Healthy living. House activities. Sportsmanship. Respect. Etiquette. Discovery. Inclusion. Conciliation. Sympathy.</p>		
<p>Add itio nal Autumn Day Event</p>	OAA	<p>Take part in outdoor and adventurous activities which present intellectual and physical challenges.</p> <p>Be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.</p>	<p>Team Building/Orienteering/Leadership/Communication</p>	<p>Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, ordering, grouping, data. (See Policy)</p> <p>Celebration Promoting school & British values. Teamwork. Leadership. Creative discussion. Problem solving. G&T. Trust. Mirroring.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					<p>Challenges. Reflections. Wide range. Belonging. Career pathways. Healthy living. Residential. Respect. Interpretations. Appreciation. Creativity & emotion. Discovery. Inclusion. Conciliation. Adventure. Sympathy.</p>		
Summer	<p>ROUNDERS</p> <p>CRICKET</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>R: Ball familiarisation/catch + catch rules/bowling + bowling rules/running rules/batting + batting rules/ ground fielding/post work + rules.</p> <p>C: Ball familiarisation/throw + catch/off + on drives/Forward + backward defensive/fielding – long barrier/bowling – basics.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, shape, measuring, ordering, grouping, data. (See Policy)</p> <p>Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.		
Summer	ATHLETICS TENNIS	Develop technique and improve performance in other competitive sports. Analyse performances compared to previous ones and demonstrate improvement to	A: Run style/Sprint start - basic/Javelin/TJ/LJ/SP/ Discus. T: Court familiarisation/grips/ f.drive/ b.drive/f.volley/b.volley/ serve/ doubles play/scoring	Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.	Explaining, instructing, describing, questioning, analysing, evaluating. Counting, scoring, measuring, ordering, grouping, data. (See Policy) Clubs. Peer assessment. Celebration.	Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.	Equipment / graded groupings/ area/drills/ support-peer & staff

 **Alcester Academy Curriculum Planning: Key Stage 3**

		achieve a personal best.			Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.		
Department: Physical Education					Year Group: 8		
Term	Topic/ subject	Assessment Objectives	Knowledge acquisition	Skill building <i>Intent</i>	Wider reading opportunities to include numeracy and SMSC	Final assessment task and title	SEND & PP Identify where access and learning is supported

 **Alcester Academy Curriculum Planning: Key Stage 3**

<p>Winter/ Spring</p>	<p>FOOTBALL RUGBY</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games. Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>F: Turns/shield/outwit/pass + turn/control/shoot-laces/tackling/heading.</p> <p>R: Pass/tactical play/maul/kicking/scrum/line out/positional play.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, ordering, grouping. (See Policy)</p> <p>Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment/graded groupings/area/drills/support-peer & staff</p>
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					<p>Interpretations. Etiquette. Discovery. Inclusion.</p>		
<p>Winter/ Spring</p>	<p>NETBALL</p> <p>HOCKEY</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>N: OH pass/move + control/1 hand shoot/rebound/attacking-dodging + space/defending.</p> <p>H: Indian dribble/pass-push, hit + reverse/hit/block tackle/possession play/shooting.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, ordering, grouping. (See Policy)</p> <p>Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

 **Alcester Academy Curriculum Planning: Key Stage 3**

					<p>House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.</p>		
<p>Winter/ Spring</p>	<p>GYMNASTICS</p>	<p>Develop technique and improve performance in other competitive sports.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>G: Balance/Sports Acrobatics/Sequence building.</p>	<p>Accurate replication. Exploring + communicating ideas, concepts and emotions. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, shape, ordering, grouping. (See Policy)</p> <p>Clubs. Peer assessment. Celebration Promoting school & British values. Leadership. Creative discussion. Problem solving. G&T. Respect. Trust. Mirroring. Challenges. Aesthetics. Reflections. Belonging. Healthy living. Respect. Interpretations.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					<p>Appreciation. Creativity & emotion. Discovery. Inclusion. Conciliation. Sympathy.</p>		
<p>Winter/ Spring</p>	<p>BASKETBALL</p> <p>HEALTH RELATED FITNESS</p> <p>VOLLEYBALL</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>BB: Pass + receive/dribble/jump shot/rebounds/lay up.</p> <p>HRF: Warm up/cool down/relax techniques/training methods/testing methods/components of fitness.</p> <p>VB: Dig / Set / court positioning / Rotation.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, measuring, ordering, grouping, data. (See Policy)</p> <p>Clubs. Peer assessment. Celebration Promoting school & British values. Teamwork. Inter-intra fixtures. Officiating. Tactical discussion. Problem solving. G&T. Rules. Fair play. Respect. Trust. Challenges. Wide range. World stars. Belonging. Club links. Career pathways.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					<p>Healthy living. House activities. Sportsmanship. Respect. Etiquette. Discovery. Inclusion. Conciliation. Sympathy.</p>		
Summer	<p>ROUNDERS</p> <p>CRICKET</p>	<p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>R: Ball familiarisation/bowling/overarm throw/backstop/batting/ground fielding/post work tactics.</p> <p>C: Throw + catch/1 hand pick up/pull/cut/swing bowling/running/wicketkeeping.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, shape, measuring, ordering, grouping, data. (See Policy)</p> <p>Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules. Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					<p>Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.</p>		
Summer	<p>ATHLETICS</p> <p>TENNIS</p>	<p>Develop technique and improve performance in other competitive sports.</p> <p>Analyse performances compared to previous ones and demonstrate improvement to achieve a personal best.</p>	<p>A: Inter sprint start/inter. Distance/hurdles/relay changeover/ Javelin/TJ/LJ/SP/Discus.</p> <p>T: Singles play/doubles play/lob/drop shot/movement/Yr7 shots/etiquette.</p>	<p>Outwitting opponents. Accurate replication. Performing at maximum levels. Identifying + solving problems. Exercising safely + effectively.</p>	<p>Explaining, instructing, describing, questioning, analysing, evaluating.</p> <p>Counting, scoring, measuring, ordering, grouping, data. (See Policy)</p> <p>Clubs. Peer assessment. Celebration. Promoting school & British values. Teamwork. Inter-intra fixtures. Leadership. Officiating. Tactical discussion. G&T. Rules.</p>	<p>Ongoing assessment throughout modules. Assessment documents available: Staff shared/PE/Schemes of work.</p>	<p>Equipment / graded groupings/ area/drills/ support-peer & staff</p>

					Fair play. Respect. Trust. Rewards-sanctions. Challenges. World stars. Why sports? Belonging. Club links. Healthy living. House activities. Sports leaders. House /sports captains. Sportsmanship. Respect. Interpretations. Etiquette. Discovery. Inclusion.	
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Last updated: *Summer 2021*

Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Key stage 3

Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.

Pupils should be taught to:

- use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]
- perform dances using advanced dance techniques within a range of dance styles and forms
- take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group

Alcester Academy Curriculum Planning: Key Stage 3

- analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- take part in competitive sports and activities outside school through community links or sports clubs.