

Personal Development Curriculum Year 10 2025/26

Session	Week Beginning	Theme	Lesson Focus
	WB 01.09	New Academic Year Expectations	
1	WB 08.09	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> How to effectively budget and evaluate savings options
2		Living in the Wider World Financial Planning	<ul style="list-style-type: none"> How to prevent and manage debt, including understanding credit rating and pay day lending
3	WB 15.09	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> How to effectively budget and evaluate savings options (cont.)
4	WB 22.09	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> How data is generated, collected and shared, and the influence of targeted advertising
5	WB 29.09	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> Influences related to gambling, including online
6	WB 06.10	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> About the law and illegal financial activities, including fraud and cybercrime
7	WB 13.10	Living in the Wider World Financial Planning	<ul style="list-style-type: none"> How to manage risk in relation to online financial activities
	WB 27.10	HALF TERM	
8	WB 03.11	Health and Wellbeing	<ul style="list-style-type: none"> About positive and negative role models How to evaluate the influence of role models and become a positive role model for peers
9	WB 10.11	Health and Wellbeing	<ul style="list-style-type: none"> About the factors which contribute to a young person deciding to join or not join a gang
10	WB 17.11	Health and Wellbeing	<ul style="list-style-type: none"> About the impact of drugs and alcohol on individuals, personal safety, families and wider communities How drugs and alcohol affect decision making
11	WB 24.11	Health and Wellbeing	<ul style="list-style-type: none"> The effects of drug and alcohol abuse

12	WB 01.12	Health and Wellbeing	<ul style="list-style-type: none"> Exit strategies for pressurised or dangerous situations How to seek help for substance use
13	WB 08.12	Relationships <i>Addressing extremism and radicalisation</i>	<ul style="list-style-type: none"> About communities, inclusion, respect and belonging About the Equality Act, diversity and values (Including The British Values)
14	WB 15.12	Relationships <i>Addressing extremism and radicalisation</i>	<ul style="list-style-type: none"> About how social media may distort, mis-represent or target information in order to influence beliefs and opinions How to manage conflicting views and misleading information
	WB 22.12 WB 29.12	CHRISTMAS BREAK CHRISTMAS BREAK	
15	WB 05.01	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> UK Laws and how they affect young people Laws and The Justice System- Youth Crime
16	WB 12.01	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> Your rights and The Police Understanding stop & search, arrest and interview & charge
17	WB 19.01	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> The Youth Justice System The Youth Court and Sentencing
18	WB 26.01	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> Adult Courts- Civil Courts vs Criminal Courts
19	WB 02.02	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> Juries in Criminal Courts Understanding punishment for adult criminals
20	WB 09.02	Citizenship 'Laws and the Justice System'	<ul style="list-style-type: none"> The purpose of Sentencing Restorative Justice
	WB 16.02	HALF TERM	

21	WB 23.02	Living in the Wider World	<ul style="list-style-type: none"> Work Experience Expectations
	WB 02.03	WORK EXPERIENCE (NATIONAL CAREERS WEEK)	
22	WB 09.03	Living in the Wider World	<ul style="list-style-type: none"> How to evaluate and build on the learning from work experience
23	WB 16.03	Health and Wellbeing <i>Mental Health</i>	<ul style="list-style-type: none"> About the signs of emotional or mental ill-health How to manage challenges during adolescence
24	WB 23.03	Health and Wellbeing <i>Mental Health</i>	<ul style="list-style-type: none"> About the portrayal of mental health in the media
	WB 30.03 WB 06.04	EASTER BREAK EASTER BREAK	
25	WB 13.04	Relationships	<ul style="list-style-type: none"> About relationship values and the role of pleasure in relationships
26	WB 20.04	Relationships	<ul style="list-style-type: none"> About the opportunities and risks of forming and conducting relationships online
27	WB 27.04	Relationships	<ul style="list-style-type: none"> How to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours
28	WB 04.05	Relationships	<ul style="list-style-type: none"> About the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent
29	WB 11.05	Relationships	<ul style="list-style-type: none"> About STIs, effective use of protection (E.G. contraception) and negotiating safer sex
30	WB 18.05	Relationships	<ul style="list-style-type: none"> About the consequences of unprotected sex, including pregnancy
	WB 25.05	HALF TERM	
31	WB 01.06	Exam Focus Week	<ul style="list-style-type: none"> Super Six Revision Strategies
	WB 08.06	Year 10 Exams	

	WB 15.06	Year 10 Exams	
	WB 22.06	Year 10 Exams	
32	WB 29.06	Relationships	<ul style="list-style-type: none"> • Addressing extremism and radicalisation
33	WB 06.07	Relationships (ONLINE TEAMS)	<ul style="list-style-type: none"> • About ‘honour based’ violence and forced marriage and how to safely access support • FGM
	WB 13.07	LAST WEEK OF TERM	