

Personal Development Curriculum Year 11 2026/27

Session	Week Beginning	Theme	Lesson Focus
	WB 31.08	INSET- STANDARDS	
1	WB 07.09	Health and Wellbeing	• Emergency first aid skills • How to assess emergency and non-emergency situations and contact appropriate services
2	WB 14.09	Health and Wellbeing	• Emergency first aid skills • How to assess emergency and non-emergency situations and contact appropriate services
3	WB 21.09	Health and Wellbeing	• Emergency first aid skills • How to assess emergency and non-emergency situations and contact appropriate services
4	WB 28.09	Health and Wellbeing	• About registering with healthcare clinics, drop-in centres and online services
5	WB 05.10	Health and Wellbeing	• How to take increased responsibility for physical health, including testicular and breast self-examination (1)
6	WB 12.10	Health and Wellbeing	• How to take increased responsibility for physical health, including testicular and breast self-examination (2)
7	WB 19.10	Health and Wellbeing	• About blood and organ donation
	WB 26.10	HALF TERM	
8	WB 02.11	Living in the Wider World	• How to set and achieve SMART targets
9	WB 19.11	Living in the Wider World	• Online and media: Rights, responsibilities and keeping safe
10	WB 16.11	Mock Exam Focus Week	• Managing Exam Stress
	WB 23.11	Year 11 MOCKS	
	WB 30.11		
	WB 07.12		
11	WB 14.12	Living in the Wider World	• About how to protect your financial future

	WB 21.12 WB 28.12	CHRISTMAS BREAK CHRISTMAS BREAK	
12	WB 04.01	Relationships	• The British Values and about core values and emotions
13	WB 11.01	Relationships	• About gender identity and discrimination
14	WB 18.01	Relationships	• About how to communicate appropriately and manage conflict
15	WB 25.01	Relationships	• About various forms of relationship abuse
16	WB 01.02	Relationships	• About unhealthy, exploitative and abusive relationships
17	WB 08.02	Living in a Wider World	• Revisitation of SMART Targets- where are you now?
	WB 15.02	HALF TERM	
	WB 22.02	Year 11 CORE MOCKS	
	WB 01.03	Year 11 CORE MOCKS	
	WB 08.03	EXAMS Focus	
	WB 15.03	EXAMS Focus	
	WB 22.03	EXAMS Focus	
	WB 29.03 WB 05.04	EASTER BREAK EASTER BREAK	
	WB 12.04	MFL & ART EXAMS	
	WB 19.04	MFL EXAMS	
	WB 26.04	EXAMS Focus	
	WB 03.05	EXAMS Focus	
	WB 10.05	EXAMS Focus	
	WB 17.05	GCSE EXAMS	
	WB 24.05	GCSE EXAMS	
	WB 31.05	HALF TERM	
	WB 07.06	GCSE EXAMS	
	WB 14.06	GCSE EXAMS	
	WB 21.06		

	WB 28.06	
	WB 05.07	
	WB 12.07	
	WB 19.07	LAST WEEK OF TERM