| Day | Revision activity 1 | Revision activity 2 | Revision activity 3 | Relaxation activity | Other commitments |
|---|---|---|---|---|---|
| **Monday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Tuesday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Wednesday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Thursday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Friday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Saturday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |
| **Sunday** | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | GC/ SUPER 6/ OTHER/ 20 MINUTE BURST | | |

Alcester Academy

TO BE THE BEST THAT WE CAN BE

**The Super Six:**

**flash cards**

**mind-mapping**

**quizzing**

**memory palace**

**mnemonics**

**practise**