



Year 11 Personal Development Palette

Year 11

Health & Wellbeing



AUTUMN

Emergency First Aid Skills Primary Survey

Emergency First Aid Skills Recovery Position

Emergency First Aid Skills CPR

About Registering With Healthcare Providers

Physical Health & Testicular Cancer Self- Examination

Physical Health & Breast Cancer Self- Examination

About Blood & Organ Donation

Living In The Wider World



SPRING

Gender Identity & Discrimination

The British Values Core Values & Emotions

Relationships



How To Protect Your Financial Future

Living In The Wider World



Mock Examinations



Online & Media Rights Responsibilities & Keeping Safe

How To Set & Achieve SMART Targets

Communication & Managing Conflict

Understanding Various Forms Of Relationship Abuse

About Unhealthy Exploitative & Abusive Relationships

Living In The Wider World



Revisitation Of SMART Targets- Where Are You Now?

Mock Examinations



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EXAMS

