



Year 7 Personal Development Palette

Year 7

Character Education Benchmark One

AUTUMN

What Kind Of School Are We?

Alcester Academy And Me

The British Values

Personal Identities

School Community & Shared Values

Health & Wellbeing

Puberty Physical & Emotional Changes

First Aid Basic Life Support

Personal Safety & Managing Risk

Character Education Benchmark Three

Resilience & Coping Strategies

The Importance Of A Broad & Balanced Curriculum

Giving Back To Our Community At Christmas

Exploration Of Being a 'Good' & 'Active' Citizen

Communities: Their Identities & Cultures

UK Parliament Week

Citizenship

Exploration Of Positive & Negative Character Traits

Respect Vs Disrespect

What Are Our Expectations Of Behaviour Towards Each Other?

Character Education Benchmark Two

SPRING

The Super Six

Developing An Understanding Of Verbal & Non-Verbal Communication

Living In The Wider World

Safer Internet Day Awareness Body Image & Media Airbrushing

Character Education Benchmark Four

How Good Is Our Co-Curriculum?

Co-Curricular Transferable Skills

Citizenship

UK Laws Youth Crime

Your Rights & The Police Youth Justice System

Mock Trial & Sentencing

Character Education Benchmark Six

Understanding Barriers To Participation & Exploring Solutions To Inclusivity

How Do We Ensure That All Our Pupils Benefit Equally From What We Offer?

Healthy & Unhealthy Relationships Managing Conflict & Consent

Relationships

Friendships, Empathy Bullies & Bystanders

Health & Wellbeing

Volunteering & National Service

How Well Do We Promote The Value Of Volunteering & Service To Others

Character Education Benchmark Five

Health & Wellbeing

What Makes Us Unique The Commonalities We Share And Our Differences

Oral Hygiene Dental Health & How To Access NHS Services

Summer Safety

Transition into Year 8

Character Education Awards

